

## LEGO SOCIAL GROUP



LEGO Therapy, is a play-based approach to encouraging the development of communication and social skills, using a child's natural interest in LEGO®.

During LEGO group. children work in small groups to build LEGO® models under the guidance of qualified therapists. Children are often specifically grouped and matched based on compatibility of age, developmental level, diagnosis and so on with a consideration to the dynamics of the group.

The children are given specific jobs in the building task and work together to complete their goal of a finished model. They are:

- Engineer reads the instructions and gives directions to the others
- Supplier -sorts through and finds the right bricks for the builder
- Builder puts the bricks together according to the directions.
- Foreman forsees everyones jobs

Sessions are facilitated by therapist(s) with an understanding of working with children with Autism Spectrum Disorder (ASD) and/or developmental or social skills difficulties to help support skills such as sharing, turn-taking, collaboration, conflict resolution, and verbal and non-verbal communication.

Each session starts with informal greetings and a reminder of the rules, and ends with some free LEGO® play time for further developing relationships, creativity and play skills.





## LEGO SOCIAL GROUP



## YOUR CHILD WILL LEARN:

- Problem-solving, teamwork and negotiation skills
- Conversational skills (asking and answering questions and commenting)
- Range of ways to relate with others
- Sharing, turn-taking skills and joint attention skills
- Creative play and collaboration through storytelling, dramatic activities and innovation
- Higher-level language skills such as predicting, reasoning, explaining, problem-solving
- Verbal and non-verbal communication skills (facial expressions, body language & tone of voice)







